

Insurance | Risk Management | Consulting

### Total rewards strategies for an evolving workforce.



SMALL BUSINESS

Findings and insights from the 2022 Benefits Strategy & Benchmarking Survey

U.S. Edition

### TABLE OF CONTENTS

**3** INTRODUCTION

8

- 5 KEY TAKEAWAYS FOR SMALL BUSINESS EMPLOYERS
- 6 PEOPLE & ORGANIZATIONAL WELLBEING STRATEGY
  - PHYSICAL & EMOTIONAL WELLBEING
- 10 CAREER WELLBEING
- 12 FINANCIAL WELLBEING
- 14 ORGANIZATIONAL WELLBEING
- 16 FINAL REMARKS
- 17 ABOUT GALLAGHER

### Introduction

Regardless of industry, keeping small businesses thriving posed a big challenge in 2020–2021. But through versatility and flexibility, many adapted, endured and emerged intact. As their employees continue to deal with excess stress, these employers are improving their wellbeing strategies. They're finding ways to better communicate and engage employees to improve participation in wellbeing programs. And they're focused on providing access to more affordable care to promote health, support productivity and stay competitive.

Wellbeing is at the center of Gallagher Better Works<sup>™</sup>, our comprehensive approach that aligns your people strategy with your overall business goals. It focuses on the full spectrum of organizational wellbeing—taking a strategic approach to investing in employee wellbeing at the right cost structures to support diverse workforce needs.

Part of our Workforce Trends Report Series, this addendum highlights key findings and implications based on responses from 1,214 small businesses that participated in our 2022 Benefits Strategy & Benchmarking Survey.

From broad insights to specific findings, you'll gain a practical perspective on trends and best practices to help you face your future with confidence.



Dennis Boyle Division Vice President, Small Busines Dennis Boyle@ajg.com



Michelle Maliska Division Vice President, Small Business Michelle Maliska@ajg.com



### Benefits Strategy & Benchmarking Survey Small Business Participant Profile





Nonprofit



#### Annual operating revenue



### Key Takeaways for Small Business Employers

People & Organizational Wellbeing Strategy



Attraction and retention preoccupy employers as they pursue opportunities to grow revenue during a period of high inflation.

Physical & Emotional Wellbeing



Optimal total rewards design includes greater plan choice in addition to individualized and affordable benefits.

**Career Wellbeing** 



Engagement and career development initiatives help to successfully align individual employee goals with organizational priorities.

#### **Financial Wellbeing**



Financial wellbeing opportunities are critical to a competitive offering, supporting overall health while boosting employees' positive perceptions of total rewards.

Organizational Wellbeing



Reducing mental health stigma and providing employees more flexibility can help create a culture of organizational wellbeing.

### People & Organizational Wellbeing Strategy

### Revisiting the people strategy is critical to meet attraction and retention needs.

Top organizational and HR priorities center on employee retention while attracting new talent to support growth. Many employers are investing more in pay, especially base salary, as a result. And by also offering benefits that address the unique challenges of their employees, small businesses gain an opportunity to distinctly differentiate their organization.

Meeting employee expectations begins with benchmarking total rewards. From there, analyzing data in advance of planning compensation and benefits helps employers more effectively apply insights. Once they do, they'll be better able to put together a package that resonates with the range of employees needed to help achieve business objectives.

Additionally, emerging technologies and updated HR strategies can help small businesses manage labor market challenges. Automation streamlines tasks to decrease dependency on manual labor and increase efficiency.





#### **Top HR priorities**



or more in 2021

### Total rewards aspects enhanced to meet recruitment and retention objectives



### Compensation and benefits planning horizon



# Physical & Emotional Wellbeing

# Feature choice while applying new solutions for more affordable and individualized total rewards.

Employers who are committed to the wellbeing of their workforce are aligning their benefits and policies with goals for increased productivity and reduced absenteeism.

Reluctant to shift costs, they're seeking out budget-conscious alternatives. Multiple health plans are one solution for balancing cost control and affordability. Voluntary benefits also enhance total rewards with options like coverage for insurance gaps and other financial protections that meet individual needs. If there's interest in more extensive services to target specific areas of health management, point solution vendors can also offer help.

To increase workforce morale and engagement, employers are rethinking their approach to paid time off (PTO). They recognize that employees may value greater flexibility in using their time more than additional hours or days away from work.



 66896
 Offer 2 or more medical plans

 medical plans
 Most common medical plans offered

 80%
 Preferred provider organization/ point of service

 38%
 Consumer-directed health plan with a health savings account

 30%
 Health maintenance organization

3 in 5 Did not increase employee cost share at the most recent renewal

#### Types of voluntary benefits offered



Cite productivity impact as their top absence management concern

Approach to PTO



### Career Wellbeing

### Engagement and career development initiatives align employee and organizational goals.

Large-scale automation that took place within a small window of time, early in the pandemic, upended operations for small businesses. The labor shortages that followed and artificial intelligence have made certain skills obsolete, while others are suddenly in demand.

Keeping employees engaged in an unsettled labor market requires a culture of continuous learning, with a healthy feedback loop. Many members of the workforce are rethinking their career plans and objectives. When employers reinvent and reinforce skills that align with this directional shift, they prepare employees and leaders for a new future of work.

Employees are more engaged when the organization's values, mission and goals align with their own. Engagement surveys can go beyond traditional metrics to identify changing goals and values, helping employers prepare to address them.



More than 2 in 3Believe their workforce is highly engaged Have an engagement strategy 34% 28% 38% Yes Expect to No by 2024 Consider increasing workforce engagement and productivity a top

#### Tactics used to improve employee engagement



HR priority

# Financial Wellbeing

### Financial wellbeing opportunities boost employees' positive perceptions of total rewards.

Proactively addressing the financial concerns of employees promotes higher engagement, fewer absences and increased productivity. But with no insight into the timing of inflation relief, rises in rent, food and gas prices are likely to add stress.

Wellbeing options such as matching contributions for retirement plans can provide significant financial value. And at a potentially lesser cost to employers, expanded employee discount programs or one-to-one coaching sessions on finances or retirement also offer assistance. Employees get access to instant savings or help with planning for the future.

Taking steps to understand the financial goals of employees will help small business employers optimize supporting programs. It's also important to communicate the value of these benefits to maximize positive perceptions and use.





### Top financial wellbeing programs and resources



84% Ha

Have a retirement program

77%

Match employee contributions

Methods used to promote better savings habits



### Organizational Wellbeing

### A stronger focus on mental health and flexibility can create a culture of organizational wellbeing.

The emphasis on more effective support for the mental health and emotional wellbeing of the workforce continues. Stress and burnout also affect operations and revenue. Yet getting participation in programs that address these areas is a challenge, and many small businesses lack supporting wellbeing strategies.

To the extent possible, more employers are also adopting policies that promote worklife balance and an agile workplace. Remote work has expanded hiring geographies and redefined organizational boundaries. But while a more widely distributed workforce brings challenges, small businesses can't afford to ignore it. Remote work is now a mainstay that requires establishing and maintaining flexible policies and practices. Updated strategies need to flexibly accommodate employee preferences now and map out plans for future workplace settings.





Say leaders are concerned about the impact of stress and burnout on the organization

#### Top tactics used to address workplace flexibility



37%

Think managers are well-equipped to refer employees to mental health support services

#### Scope of the wellbeing strategy



### **Final Remarks**

Increasingly, employees are reflecting on their careers and reexamining their choice of work and workplaces. Creating a culture that promotes respect for the values and priorities of the workforce, including flexibility, will help small businesses retain and attract talent.

To stay competitive, it's important to selectively adopt emerging technologies that can streamline systems and processes. A digital upgrade not only helps fill labor gaps, but allows businesses to scale up faster. They're able to take on and fulfill more requests.

Traditional workplaces continue to give way to hybrid or fully remote alternatives. Regardless of preferences, employers need to balance the advantages of providing flexibility for employees who work from home with bringing team members together. Nurturing the spirit of collaboration is essential.

Managing teams through periods of uncertainty and anxiety can be mentally demanding. With elevated stress levels so widespread in recent years, the emphasis of strategic priorities has shifted to total wellbeing, and mental health is now central. Encouraging open communication and empathy, and offering programs or resources that help employees build resilience can be especially beneficial. Through increased engagement, employers can reduce or prevent burnout.

For additional insights and custom benchmarking on the latest trends impacting small business employers, contact your local Gallagher consultant.

### **About Gallagher**

People are your organization's greatest asset. But when their daily lives are impacted by major struggles like a global pandemic, economic strife and geopolitical risks, hardship can take its toll—both on your people and your business.

As employees across all geographies, industries and employer types navigate the ever-changing world, organizations must critically evaluate their people experience—finding unique ways to engage teams, establish authentic connections and support employee wellbeing, overall.

Making an intentional connection between your people's wellbeing and your organization's performance is imperative for optimal results. When your people are all in, your business can attract top talent, motivate employees and shift the organizational culture—helping employees to feel differently about their work. As a result, organizations can reduce burnout and increase productivity among their people, and business performance can soar.

This is why employee wellbeing is at the center of Gallagher Better Works<sup>™</sup>—a comprehensive approach for strategically investing in benefits, compensation, retirement and employee communication so you can support the health, financial security and career growth of your people at the right cost structures.

From evaluating the demographics of your workforce, to surveying and analyzing competitor trends, Gallagher offers you data-driven insights—allowing you to make the most of your investment in talent, deliver a better people experience and reduce organizational risk. Even in times of uncertainty, we're here to help you optimize your profitability with a strategy rooted in the wellbeing of your people.



### **TERMS OF USE**

The intent of this Survey is to provide you with general information regarding current practice within the employee benefits environment. The data does not constitute recommendations or other advice regarding employee benefit programs, and the user is in no way obligated to accept or implement any information for use within their organization(s). The decision to utilize any information provided rests solely with the user, and application of the data contained does not guarantee compliance with applicable laws or regulations regarding employee benefits. Information provided by the Survey, even if generally applicable, cannot possibly take into account all of the various factors that may affect a specific individual or situation. Additionally, practices described within the Survey should not be construed as, nor are they intended to provide, legal advice.

The Website and the Content do not constitute accounting, consulting, investment, insurance, legal, tax or any other type of professional advice, and should be used only in conjunction with the services of a Gallagher consultant and any other appropriate professional advisors who have full knowledge of the user's situation.

Gallagher does not represent or warrant that the Content will be correct, accurate, timely or otherwise reliable. Gallagher may make changes to the Content at any time. Gallagher assumes no responsibility of any kind, oral or written, express or implied, including but not limited to fitness for a particular purpose, accuracy, omissions and completeness of information. Gallagher shall in no event whatsoever be liable to licensee or any other party for any indirect, special, consequential, incidental, or similar damages, including damages for lost data or economic loss, even if Gallagher has been notified of the possibility of such loss. For the purposes of this section the term "Gallagher" shall be construed so as to include Gallagher Surveys as a marketing division and/or Gallagher Benefit Services, Inc. and its affiliates.

Gallagher Fiduciary Advisors, LLC ("GFA") is an SEC Registered Investment Advisor that provides retirement, investment advisory, discretionary/named and independent fiduciary services. GFA is a limited liability company with Gallagher Benefit Services, Inc. as its single member. GFA may pay referral fees or other remuneration to employees of AJG or its affiliates or to independent contractors; such payments do not change our fee. Securities may be offered through Triad Advisors, LLC ("Triad"), member FINRA/SIPC. Triad is separately owned and other entities and/or marketing names, products or services referenced here are independent of Triad. Neither Triad, Arthur J. Gallagher & Co., GFA, their affiliates nor representatives provide accounting, legal or tax advice. GFA/Triad CD (5047641)(exp102024).

For institutional use only. Not for public distribution. All rights reserved. No part of this book, including the text, data, graphics, interior design and cover design may be reproduced or transmitted in any form, without explicit consent from Arthur J. Gallagher & Co.



Insurance Risk Management Consulting



AJG.com The Gallagher Way. Since 1927.

"World's Most Ethical Companies" and "Ethisphere" names and marks are registered trademarks of Ethisphere LLC. Arthur J. Gallagher & Co. was named one of the World's Most Ethical Companies\* for 2022.